

COMMUNITY RESOURCES



Government Agencies

Pender County Department of Social Services

810 S. Walker St. Burgaw NC 28425

(910)259-1240

Monday – Friday 8am to 5pm

Apply online anytime epass.nc.gov

- **Medicaid:** health insurance program for low-income individuals and families who cannot afford health care costs.
- **Medicare:** health insurance program for adults age 65 or older and younger people who receive disability benefits.
- **Food and Nutritional Services (FNS/SNAP):** federal food assistance program that provides low-income families the food they need for a nutritionally adequate diet.
- **Childcare:** provides subsidized childcare services to eligible families through a locally administered state-supervised voucher system.
- **Work First:** provides parents with short-term training and other services to help them become employed and move toward self-sufficiency. Families in which grandparents and relatives are caring for their relative children and legal guardians can receive services and support that prevent children from unnecessarily entering the foster care system.
- **Crisis Intervention Program (CIP):** assists individuals and families who are experiencing a heating or cooling related crisis. A household is considered to be in a crisis if it is currently experiencing or is in danger of experiencing a life threatening or health-related emergency and sufficient, timely and appropriate assistance is not available from any other source.
- **Low Income Energy Assistance Program (LIEAP):** provides a one-time vendor payment to help eligible households pay their heating bills. Households including a person aged 60 or older or disabled persons receiving services through the NC Division of Aging and Adult Services are eligible to sign up for assistance from Dec. 1 – 31. All other households may apply from Jan. 1 – March 31 or until funds are exhausted.
- **Non-emergency Medical Transportation (NEMT):** provides transportation to medical appointments for all Medicaid beneficiaries who need and request assistance with transportation. NC Health Choice beneficiaries are not eligible for these services.

Eligibility subject to individual program requirements and policies.

Pender County Housing Authority

805 S. Walker St. Burgaw NC 28425

(910)259-1208

Monday – Friday 8am to 5pm

PCHA administers the Section 8 Housing Choice Voucher (HCV) Program for Pender County. Provides project-based rental assistance at Seven Oaks Apartments and Country Court Apartments. There are waiting lists for both the HCV Program and for the Project-based programs. Eligible families will be those who earn less than 50% of Area Median Income for their family size.

Pender County Child Support Enforcement Agency

305 S. Walker St. Burgaw NC 28425

(910)259-1223

Monday – Friday 8am to 5pm

Aids in collection, distribution, and enforcement of legally obligated support orders.

Pender County Veterans Service

805 S. Walker St. Burgaw NC 28425

(910)259-1203

Monday – Friday 8am to 5pm

Provides a wide range of services to the Veterans and their family members; serving all veterans, spouses, widows, and children of veterans residing in Pender County with all Veterans Administration matters.

Pender County Register of Deeds

300 E. Fremont St. Burgaw NC 28425

(910)259-1225

Monday – Friday 8am to 5pm

Search real estate or vital records, apply for a marriage license, order a death, birth, or marriage certificate, start a business, or apply for a passport.

Pender County Health Department

803 S. Walker St. Burgaw NC 28425

(910)259-1230

Monday – Friday 8am to 5pm

Low income/sliding scale health services, WIC program

Pender Adult Services

901 S. Walker St. Burgaw NC 28425

(910)259-9119

Monday – Friday 8am to 5pm

Provides transportation services for non-emergency medical transportation and work, prescription costs assistance, and Meals on Wheels food home delivery service.

Smart Start

600 N. Timberly Ln. Burgaw NC 28425

(910)259-9978

Monday, Tuesday, Thursday 8am to 5pm, Wednesday 8am to 6pm, Friday 8am to 1pm

Income based childcare services for children ages 0-5.

Head Start

210 E. Fremont St. Burgaw NC 28425

(910)259-7603

preschool@pender.k12.nc.us

Comprehensive child development and family focused program that serves three- and four-year-old children and their families.

Food Banks & Pantries

Pender County Christian Services

210 W. Fremont St. Burgaw NC 28425

(910)259-5840

<http://pendercountychristianservices.com/>

Pantry Hours: Monday - Thursday 12:30pm to 3:15pm, Friday 12:30pm to 2:45pm

In addition to food distribution, PCCS also provides disaster and crisis relief, clothing, furniture, and household goods, personal care resources, workforce training, and wellness, healthcare, and financial aid to those in need.

Gateway Community Church Food Bank

416 West Bridger St. Burgaw NC 28425

(910)259-5447

<http://gatewayccburgaw.com/community-outreach-ministries/>

gatewayccburgaw@gmail.com

Monday, Wednesday, and Friday from 11am to 2pm

Christian Community Caring Center (4 C's) Food Bank

Jones Plaza 15200 US Hwy 17 Hampstead NC 28443

(910)270-0930

<http://www.4csfoodpantry.com/>

4cshampstead@gmail.com

Monday - Friday 9am to 12pm, Saturday 11am to 1pm

Share the Table

12395 NC-50 Hampstead NC 28443

(910)616-8897

<https://sharethetablenc.com/>

sharethetablenc@gmail.com

Pantry Hours: Sunday 4:30pm to 6pm, Tuesday and Wednesday 10am to 11:30am & 1pm to 2:30pm, Thursday 10am to 11:30am & 2pm to 3:30pm

Community Meals Sunday 4:30pm to 6pm

St Joseph Parish Outreach Food Pantry

1303 Hwy 117 South Burgaw NC 28425

(910)259-6576

Thursday 2pm to 4pm

In addition to food distribution, St. Joseph's offers clothing, diapers, baby items, hygiene items, and household cleaning items.

Holly Ridge Church of God Food Pantry

1011 East Ocean Road Holly Ridge NC 28445

(910)329-1531

<http://www.hollyridgecog.com>

Wednesday 9am to 11am

Food Bank of Central and Eastern NC

1314 Marstellar St. Wilmington, NC 28401

(910)251-1465

<https://foodbankcenc.org>

Monday – Friday. 8:30am to 5pm

First Fruit Ministry

2750 Vance St. Wilmington, NC 28412

(910)794-9656

<https://www.firstfruitministries.org/>

Monday 10am to 12pm, Wednesday 10am to 1 pm, Saturday 10am to 12pm

Monday pantry is geared towards parents of young children with diapers, wipes, and formula distribution.

Helping Hands (St. Stanislaus Catholic Church)

4849 Castle Hayne Road Castle Hayne, NC 28429

(910)675-2336

2nd & 4th Thursday 9am to 12pm

Global River Church (House of Mercy Ministries)

4702 South College Road Wilmington, NC 28412

(910)392-2899

<https://globalriver.org/ministries/house-of-mercy/>

Food pantry and clothing closet; please call first on Friday from 10am to 1pm.

Housing

Cape Fear Area Housing Crisis Hotline

(910)444-0621 Monday, Wednesday, and Friday 10am to 7pm, Tuesday and Thursday 4pm to 7pm

(910)363-0076 Tuesday and Thursday 9am to 4pm

Cape Fear HOP (Healthy Opportunities Pilot)

<https://capefearhop.org/>

To make a referral for yourself, another person or to discuss potential clients, please contact 1-800-953-0203 or 910-208-2024.

Open to qualified Medicaid recipients in Bladen, Brunswick, Columbus, New Hanover, Pender and Onslow Counties.

Services based on their potential to improve health outcomes and/or lower health care costs and address needs of qualifying Medicaid members. This includes housing services, interpersonal violence and toxic stress services, food services, and transportation services.

WARM NC

909 Market Street Wilmington, NC 28401

(910)399-7563

<https://www.warmnc.org/>

info@warmnc.org

Monday – Friday 9am to 5pm

Serving low-income homeowners in Bladen, Brunswick, Columbus, Duplin, New Hanover, Onslow, and Pender counties.

Repair, rebuild, and make homes accessible; all repairs are made at no cost to the homeowner. WARM focuses on safety and health-related home repairs and accessibility upgrades.

Family Promise of the Lower Cape Fear

20 N. 4th St. Suite 440 Wilmington NC 28401

(910)769-4730

<https://www.familypromiselowercapefearnc.org/>

Monday – Friday 8:30am to 4:30pm

Helps address the root causes of family homelessness by providing prevention services before families reach crisis, shelter and case management when they become homeless, and stabilization programs once they have secured housing to ensure they remain independent.

Cape Fear Habitat for Humanity

3310 Fredrickson Rd Wilmington NC 28401

(910)762-4744

<https://www.capefearhabitat.org/>

info@capefearhabitat.org

Monday – Saturday 9am to 5pm

Creates homeownership opportunities that allow families to realize their potential and accomplish their dreams. Habitat homeowners spend no more than 30% of their monthly income on housing, which provides stability, security, and the chance to build wealth and leave a legacy for the next generation. With the REPAIR Program, Cape Fear Habitat for Humanity helps preserve the value of owner-occupied homes by making critical repairs. Service areas are New Hanover, Pender, and Duplin Counties.

Southeastern Community Action Partnership

(910)277-3500

<https://scapnc.org/>

info@scapnc.org

Housing services, Head Start, and community services block grants for individuals who reside in Bladen, Brunswick, Columbus, Hoke, Pender, Robeson, and Scotland Counties

Salvation Army Cape Fear

223 S 3rd St. Wilmington NC

(910)762-2070

<https://southernusa.salvationarmy.org/cape-fear/home>

Monday – Friday 9am to 3pm

Food pantry and clothing closet Tuesday and Thursday from 9am to 12pm

Assistance is provided to residents of Bladen, Brunswick, Columbus, New Hanover and Pender counties when an unexpected emergency situation creates a loss of income.

NC Housing Search

<https://www.nchousingsearch.org/>

Free service to find housing in NC.

Cape Fear Regional Community Development Corporation

500 Compton St. Wilmington, NC 28401

(910)762-7555

<https://www.cfrcdc.org/>

info@cfrcdc.org

Foreclosure prevention, home ownership and repair, small business development, and affordable rental units for citizens of Pender, Brunswick, Onslow, Duplin, Bladen, Sampson, and Columbus Counties.

Domestic Violence Shelter and Services

2901 Market St Wilmington NC 28403

(910)343-0703

<https://www.domesticviolence-wilm.org/>

Provides 24-hour crisis Intervention, emergency shelter, information, advocacy and referral, individual support, empowerment groups, and children's programs.

Cape Fear Latinos

20 N 4th St. Wilmington NC 28401

(910)998-0675

<https://www.capefearlatinos.org/>

capefearlatinos@gmail.com

Apply for services online anytime.

Provides housing resources, rental assistance, food resources and legal assistance and facilitates community events to enhance connections and support among the Latino community.

Good Shepard Center

811 Martin St Wilmington NC 28401

(910)763-4424 x100

<https://www.goodshepherdwilmington.org/>

Homeless shelter intake hours: Monday – Friday 8am to 11 am and 12:30pm – 3:30 pm

Valid photo ID required or birth certificate for children under 18; on-site medical clinic provides access to primary care, wound care, screening for chronic health conditions, and needed prescriptions.

Second Helpings Food Pantry: Wednesday 12pm to 1 pm

Soup Kitchen: Monday – Friday 11 am to 12pm

SECU Lakeside Reserve: Situated on 4 acres of land behind Legion Stadium at Greenfield Lake, the project provides permanent, affordable housing with supportive services to chronically homeless single adults with disabilities (physical, mental health, or a combination).

Sgt. Eugene Ashley Memorial Center: provides short-term, transitional bridge housing for up to 16 homeless Veterans. In addition, eight units of permanent supportive housing are available for qualified applicants.

Leading into New Communities (LINC)

801 Princess St. Suite 103 Wilmington NC 28401

(910)332-1132

info@lincnc.org

Provides transitional housing and case management services to meet the immediate needs of men and women returning from prison and culturally specific youth development resources for African American young men from 16-24.

Roots of Recovery

13471 US 17 Hampstead NC 28443

(910)508-6923

<https://www.rootsofrecovery.org/>

info@rootsofrecovery.org

Provides housing and community residency, emergency housing, employment preparation and support, college bound program, and community service opportunities to decrease the number of women suffering from homelessness and reduce the number of children entering the foster care system by keeping families together.

Safe Haven of Pender

1411 Hwy 117 S St. Helena NC 28425

(910)259-8989

<https://safehavenofpender.com/>

info@safehavenofpender.com

Monday – Friday 10am to 3pm

Provides safety, food, clothing, shelter, and services to victims of domestic violence in Pender and Duplin counties.

Health and Wellness

Pender Alliance for Total Health

5380 NC 53 W Burgaw NC 28425

(910)815-7063

<https://pathhealth.org/>

sandy@pathhealth.org

Provides access to Integrated Health Care in Pender County Schools. In addition to two School Based Health Centers at Pender High and Cape Fear Middle/Elementary, all other schools are connected through our TeleHealth Network by visiting the school nurse. TeleTherapy for Mental Health is also available. Patients get seen the same day and parents don't have to leave work. Services include annual physicals (including sports physicals and well-child checks), kindergarten health assessment, immunizations, hearing and vision screening, mental and behavioral health, sick visits, and chronic condition management.

Black River Health Services

301 S. Campbell St. Burgaw NC 28425 (910)259-8002

109 West Church St. Atkinson NC 28425 (910)283-7783

4811 NC Hwy 50 Maple Hill NC 28454 (910)259-6444

No one will be denied access to services due to inability to pay. Discounted/sliding fee schedule available.

Cape Fear Health Net

(910)399-2751

<https://www.capefearhealthnet.org/>

Monday-Friday 8:30am to 5:30pm

Serves uninsured residents of Brunswick, New Hanover, Columbus and Pender counties with incomes below certain guidelines. A Cape Fear HealthNet Enrollment and Eligibility Specialist can help you find the best source of care based on your medical needs and financial eligibility.

Pender Pediatric Therapy

101 E. SATCHWELL ST. Burgaw NC 28425

(910)300-6150

Monday – Friday 8am to 5pm

Provides individualized, evidence based services for receptive and expressive language delays, speech sound disorders, motor speech disorders/apraxia, swallowing/feeding, oral motor needs, augmentative communication, fluency (stuttering), and social skills as a result of Autism Spectrum Disorder, Down Syndrome, Cerebral Palsy, Auditory Processing Disorder, neurological impairments, tethered tongue issues, and general developmental delays.

New Dimensions Group

416 W. Ridge St. Rose Hill NC 28458

(910)289-2610

Monday – Friday 8am to 5pm, Saturday by appointment

Offers psychiatric and therapy services to adults, children, families and couples experiencing symptoms that affect their emotional and mental health. Sliding scale fee available.

Coastal Horizons Center

803 S. Walker St. Burgaw NC 28425

(910)259-0668

Monday – Friday 8am to 5pm

Provides a broad range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services to persons in need.

CommWell Health Penderlea

5531 Eleanor Roosevelt Ln. Willard NC 28478

(910)935-5255

Monday, Tuesday, and Thursday 8am to 5:30pm, Wednesday 8am to 5pm

Provides primary, preventative, behavioral, and oral health care regardless of one's ability to pay.

A Helping Hand of Wilmington

110 S 13th St. Wilmington NC 28401

(910)796-6868

<https://www.ahelpinghandofwilmington.com/>

Monday – Friday 8am to 5pm

Provides online and in-person individual and couples counseling as well as a substance abuse intensive outpatient program; access to state funding that will pay for counseling if clients don't have insurance.

Lakeside Wellness Center

1805 S. 13th St. Wilmington NC 28401

(910)343-0270

Income based/sliding scale fee.

Community Counseling Center

4810 Wrightsville Ave Wilmington NC 28403

(910)452-7370

<https://www.wantcounseling.com/>

Monday – Thursday 8:30am to 5pm

Provides services on a reduced fee scale based on household income.

MedNorth Health Center

925 N. 4th St. Wilmington NC 28401

(910)343-0270

Monday, Tuesday, and Friday 8am to 5pm, Wednesday 8am to 8pm, Thursday 10am to 8pm, Saturday 9am to 3pm

Income based/sliding scale fee available.

Cape Fear Clinic

1605 Doctor's Circle Wilmington NC 28401

(910)343-8736

Monday – Friday 8am to 5pm

Provides medical, pharmacy, and mental health services to adults in New Hanover, Brunswick, Pender, and Columbus Counties who are uninsured and have incomes of no more than 200% of Federal Poverty Guidelines or have Medicaid.

Planned Parenthood

1925 Tradd Ct. Wilmington NC 28401

(910)765-5566

Tuesday and Thursday 11am to 7pm, Wednesday and Friday 9am to 3pm, Saturday 8am to 4pm

Pregnancy testing and emergency contraceptives are available as walk-in services. Other services include pregnancy care, birth control, STD testing, treatment, and vaccines, abortion services, primary care, HIV services, transgender hormone therapy, men's healthcare and women's healthcare. Affordable options available to all.

Pender County Mobile Dental Clinic

803 S. Walker St. Burgaw NC 28425

(910)471-3250

Monday – Thursday 8am to 3:30pm

Sliding scale fee; no one will be denied services based on ability to pay.

St. Mary's Health and Dental Clinic

412 Ann St. Wilmington NC 28401

(910)763-8163

Monday – Thursday 9am to 5pm

Income based/sliding scale fee available.

Education & Employment

Step Up Wilmington

621 N. 4th St. Wilmington NC 28401

(910)343-8469

Monday – Thursday 8:30am to 4:30pm, Friday 8:30am to 1pm

<https://www.stepupwilmington.org/>

info@stepupwilmington.org

Serves people affected by unemployment and underemployment, often associated with the challenges of incarceration, homelessness, recovery, domestic violence, or anything that keeps one from reaching their goals. Teaches people to get and keep quality jobs, rebuild hope & self-esteem, and create opportunities for themselves.

Our Future Cape Fear

<https://ourfuturecapefear.com/>

Aims to increase educational attainment by 8% in the Cape Fear Region by championing opportunities for historically excluded populations to complete post-secondary credentials, degrees, and diplomas; committed to facilitating professional and personal fulfillment by expanding awareness, creating equitable access, and leveraging support networks of resources to remove barriers to success in Pender, New Hanover, Columbus, and Brunswick counties.

NC Works

1994 S. 17th St. Wilmington NC 28401

(910)251-5777

Monday – Friday 8:30am to 4:30pm

<https://www.ncworks.gov/>

Provides career services, resume assistance, education, training, and job placement assistance.

Cape Fear WIOA

904-A S. Walker St. Burgaw NC 28425

(910)259-0240

Provides outreach and recruitment, needs and skills assessments, case management, individualized employment plans, referral to training, work-based learning, and job placement to adults, dislocated workers, and youth.

Federal Student Aid

<https://studentaid.gov/>

Access and manage your financial aid

College Foundation of North Carolina

<https://www.cfnc.org/>

Helps plan, apply, and pay for college.

NC Promise

Through NC Promise, the state has significantly reduced student tuition cost to \$500 per semester at four UNC System institutions: Elizabeth City State University, Fayetteville State University, The University of North Carolina at Pembroke, and Western Carolina University. Online degree programs available.

<https://www.northcarolina.edu/future-students/nc-promise/>

Cape Fear Community College

<https://cfcc.edu/>

Programs include adult high school, high school equivalency (GED), English as a Second Language (ESL), resume writing & interview skills, job training, and university transfer.

Grants, scholarships, loans, Work Study, and payment plans available.

Pender County Schools' McKinney-Vento Program

<https://www.pender.k12.nc.us/page/mckinney-vento>

LEA Liaison for McKinney-Vento: Leanne Radabaugh

(910)663-3595 leanne_radabaugh@penderschools.org

McKinney-Vento Coordinator: Jessica Biel

(910)663-3564 jessica_biel@penderschools.org

Seeks to provide equitable access to education for students experiencing homelessness or housing displacement to prepare them for a successful future.

Cape Fear Literacy Council

1012 South 17th Street Wilmington, NC 28401

(910)251-0911

info@cfliteracy.org

Call to make an appointment. Contact Nicole Wolf-Camplin, Adult Literacy Coordinator, at nwolfcamplin@cfliteracy.org or Joanne Cheng, ESL Coordinator, at jcheng@cfliteracy.org for more information.

Provides free and confidential instruction to adults with personal or academic educational goals, as well as 1-on-1 tutoring and small classes to help with adult literacy, math and computer skills, English as a second language, preparing for U.S. Citizenship Naturalization exam, and preparing for college entrance exams.

Disability Services

The Family Support Network of Southeastern North Carolina

20 N. 4th St. Wilmington NC 28401

(910)792-6133

fnssoutheastern@gmail.com

Provide training, resources, and education to empower families in Southeastern North Carolina to advocate for their children who have special healthcare needs or disabilities.

Canines for Service, Inc

221 Old Dairy Rd. Unit 1 Wilmington, NC 28405

(910)362-8181

<https://caninesforservice.org/>

information@caninesforservice.org

Provides Veterans from all conflicts with service-connected mobility challenges, Post-Traumatic Stress Disorder, Traumatic Brain Injury, and military sexual trauma with highly trained service dogs at no cost or promotional consideration.

Paws 4 People

1121C-324 Military Cutoff Road Wilmington NC 28405

(910)632-0615

<https://paws4people.org/>

info@paws4people.org

Provides highly trained, customized, and insured Assistance Dogs to people with disabilities at no cost.

Coastal Bringing Up Down Syndrome (BUDS)

20 N 4th St Suite 205 Wilmington NC 28401

(910)742-5204

<https://coastalbuds.org/>

coastalbuds2016@gmail.com

Provides support, connection, and resources for people with DS and their families in New Hanover, Brunswick, Pender, and Columbus counties, including buddy walk, swim camp, book club, mom's night out, support groups, lending library, dance club, and cooking classes.

Coastal Therapeutic Riding Program

8120 Sidbury Rd. Wilmington NC 28411

(910)470-0490

<https://coastalriding.org/>

Monday – Friday 8am to 8pm, Saturday 8am to 5pm

Provides quality equine assisted activities and therapies for individuals with special needs; scholarships available.

Oasis NC

3114 Randall Parkway Suite 4 Wilmington NC 28403

(910)789-4586

Monday – Friday 9am to 3pm

Provides academic and social instructional services that promote independence, confidence, and compassion in children, teens, and adults. Programs particularly benefit neurodiverse individuals, including those with Autism, ADHD, and anxiety. Scholarships and Financial Aid available.

Welcome Home Angel

3175 Wrightsville Ave Wilmington NC 28403

(910)679-6901

<https://welcomehomeangel.com/>

info@welcomehomeangel.com

Serves families with children who have chronic conditions, physically debilitating injuries, or significant developmental disabilities ages 4-21 in New Hanover, Pender, and Brunswick counties. The program renovates the child's bedroom and sometimes other living spaces, depending upon need. Sibling bedrooms are also made over so they don't feel left out.

Autism Support and Programs

224 Island Creek Rd. Rocky Point NC 28457

(910)270-5499

<https://asapfamilies.com/>

Provides services for individuals of all ages with Autism Spectrum Disorders and other disabilities living in Pender, New Hanover, and surrounding areas.

Disability Resource Center

5041 New Centre Dr. Ste 210, Wilmington NC 28403

(910)815-6618

<https://www.drc-cil.org/>

Monday -Thursday 9am to 4:30pm

Provides information and referral, housing advocacy and moving back into the community skills, youth transition services, peer support, and independent living skills for disabled citizens of New Hanover, Brunswick, Pender, Onslow, and Columbus counties.

The ARC of NC East Regional Office

5041 New Centre Drive Suite 100 Wilmington, NC 28403

(910)791-9022

<https://www.arcnc.org/east-region>

Provides care management agency, housing, Project SEARCH, supported employment, advocacy, LIFE guardianship, and Proof Alliance NC services for people with intellectual and developmental disabilities.

Miscellaneous

Modest Needs

<https://www.modestneeds.org>

Programs to help those who work hard and have nowhere else to go for assistance, as well as those who give back to our communities and country such as public school teachers, first responders, veterans returning from service abroad and active duty military members. Our aim is to support those who don't generally qualify to receive assistance from conventional agencies so that they don't find themselves losing everything because of a short-term crisis.

Hidden Heroes Grants

<https://hiddenheroes.org/find-help/hopefund/>

The Hope Fund for Critical Financial Assistance will provide financial relief to all eras of military and veteran caregivers through grants that aim to put military families on the path to financial wellness.

Legal Aid of NC

272 N Front St. Ste 220 Wilmington NC 28401

(910)763-6207

<https://legallaidnc.org/>

Free legal help to low-income North Carolinians in civil cases involving basic human needs like safety, shelter, income, and more.

Dolly Parton's Imagination Library

<https://imaginationlibrary.com/>

Book gifting program that mails free, high-quality books to children from birth to age five, no matter their family's income.

Assistance League of Greater Wilmington

420 Eastwood Road, Unit 107 Wilmington NC 28403

(910)769-2345

<https://www.assistanceleague.org/greater-wilmington/>

INFO@ALGW.AssistanceLeague.org

All-volunteer, nonprofit organization that is transforming lives and strengthening the community through philanthropic programs in New Hanover, Brunswick and Pender counties.

A Bike for Every Child

20 N 4th St. Wilmington NC 28401

(910)540-8083

<https://abikeforeverychild.org/>

Monday – Friday 12pm to 6pm

Collects new and gently used bikes from the community, refurbishes them, and gives the bikes and helmets to kids who need one. Also offers cheap bike repairs, and great deals on bikes for adults.

The LGBTQ Center of the Cape Fear Coast

1624 Princess St. Wilmington NC 28401

(910)262-0327

<https://lgbtqcapefear.org/>

info@lgbtqcapefear.org

Monday 12pm to 4pm, Wednesday 1pm to 5pm

Offers programming, advocacy, and outreach for the LGBTQ+ community and allies in southeastern North Carolina.

Baby Pantry at Grace Community Church of Topsail

180 NC 210 Hampstead NC 28443

Third Wednesday of every month 10am to 11am and 5pm to 6pm

Foster Pantry Inc

20 N 4th St. Wilmington NC 28401

(910)707-4464

<https://www.fosterpantry.org/>

A safe place for foster children, their caregivers, and aged out youth to find support and resources to ease the transitions of foster care.

Feast Down East

115 S Dickerson St Burgaw NC 28425

(910)524-0269

Providing affordable, fresh, local food for all people. Participates in Fresh Bucks program for SNAP/EBT customers. For each dollar a SNAP recipient spends on their purchase, they will be matched an additional dollar, for up to a total of \$20 Fresh Bucks.

Local Motive Mobile Farmers Market

Location calendar available online at <https://www.feastdowneast.org/local-motive-mobile-farmers-market>

Providing affordable, fresh, local food for all people. Participates in Fresh Bucks program for SNAP/EBT customers. For each dollar a SNAP recipient spends on their purchase, they will be matched an additional dollar, for up to a total of \$20 Fresh Bucks.

Amazon

Recipients of SNAP benefits, Medicaid, TANF, TTANF, LIHEAP or another qualifying benefit are eligible to get Amazon Prime for half price. Benefits will include free shipping and free streaming services.

Airlie Gardens

300 Airlie Rd. Wilmington NC 28403

9am to 5pm daily

Free admission when you present a photo ID and EBT card or show the EBT app on your phone; good for up to 2 adults and 8 children.

Cameron Art Museum

3201 S. 17th St. Wilmington NC 28412

10am to 2pm daily

Free admission year-round with your EBT card. Free admission from Memorial Day to Labor Day for members of the military and their families.

Cape Fear Museum

814 Market St. Wilmington NC 28401

Tuesday – Saturday 9am to 5pm, Sunday 1pm to 5pm

Free admission for up to six (6) people with EBT card.

Children’s Museum of Wilmington

116 Orange St. Wilmington NC 28401

Tuesday – Saturday 9am to 5pm, Sunday 1pm to 5pm

\$3 admission with EBT card.

Fort Fisher Aquarium

900 Loggerhead Rd. Kure Beach NC 28449

9am to 5pm daily

\$3 per adult and \$2 per child admission with EBT card for up to four (4) people; children age 2 and under are always free.

The American Cancer Society

<https://www.cancer.org/>

1-800-227-2345

Free rides to treatment, free lodging during treatment, and access to support services.

National Hotlines

- **National Suicide and Crisis Lifeline** 988
- **Crisis Text Line:** Text Hello to 741741
- **National Domestic Violence Hotline** 1-800-799-SAFE
- **Eating Disorders Awareness and Prevention** 1-800-931-2237
- **Child Abuse National Hotline** 1-800-25ABUSE
- **American Family Housing** 1-888-600-4357
- **Homeless Hotline** 1-800-231-6946
- **Family Violence Prevention Center** 1-800-313-1310
- **Compulsive Gambling Hotline** 1-410-332-0402
- **Gay and Lesbian National Hotline** 1-888-843-4564
- **Trevor Hotline (LGBTQ+ Suicide)** 1-866-4-U-TREVOR
- **Poison Control** 1-800-942-5969
- **Youth Crisis Hotline** 1-800-448-4663
- **S.A.F.E. (Self Abuse Finally Ends)** 1-800-DONT-CUT
- **Girls and Boys Town** 1-800-448-3000
- **United Way Crisis Helpline** 1-800-233-HELP
- **Teen Hope Line** 1-800-394-HOPE
- **Battered Women and their Children** 1-800-603-HELP
- **Elder Abuse Hotline** 1-800-252-8966
- **Rape, Abuse, Incest National Network (RAINN)** 1-800-656-HOPE
- **National Runaway Safeline** 1-800-RUNAWAY
- **National Alliance on Mental Illness (NAMI)** 1-800-950-6264
- **Trans Lifeline** 1-877-565-8860
- **Substance Abuse and Mental Health Services Administration** 1-800-662-4357
- **Veterans Crisis Line** 1-800-273-TALK or Text 838255
- **National Council on Alcoholism and Drug Dependence (NCADD)** 1-800-NCA-CALL
- **AIDS Hotline** 1-800-541-2437
- **National Depression Hotline** 1-866-629-4564
- **Community Services** 211